

JAXJOX[®]

Foam RollerConnect™



USER MANUAL

JJ06657

ENGLISH

Congratulations

Congratulations on your purchase of the JAXJOX[®] Foam RollerConnect™, an innovative recovery tool designed to help you achieve your fitness goals. Its elegant design and advanced technology result in a foam roller that operates at varying vibration frequencies. By connecting the Foam RollerConnect to the JAXJOX App, you can set your goals, track your workouts, and see your fitness progress with JAXJOX[®] Fitness IQ™.

This product manual will help you better understand the equipment. Read and understand the contents of this manual before attempting to use the Foam RollerConnect™. Please keep this manual for future reference.

What's In The Box



Foam RollerConnect™

Charging Cable

Carefully remove all items from the box and place them on a solid, level surface. Verify that all of the components have been included.

Should you find any parts missing, return the product to your point of purchase or contact JAXJOX[®] via email at support@jaxjox.com

Use the Foam RollerConnect™

IMPORTANT: You must charge the Foam RollerConnect™ for at least three (3) hours prior to the first use.

1. Press the **▼** ON/OFF button to power on the Foam RollerConnect™.
2. Connect the Foam RollerConnect™ to the JAXJOX[®] App or Apple Watch[®] via Bluetooth. Refer to your Android, iOS, or Apple Watch[®] documentation for instructions on how to connect your device via Bluetooth. If using the App or Apple Watch[®] to control the Foam RollerConnect™, then visit jaxjox.com/support for more information, and instructions on how to use the app.
3. **Automatic Mode**
 - a. Press the **▲** button to enter automatic mode, and then wait one (1) second.
 - b. Press the **[+]** or **[-]** button to select the desired recovery activity (i.e. Massage, Strength, Hike, Cycle, or Run), and then press **▲** button to enter the message parts interface.
 - c. Press the **[+]** or **[-]** button to select the desired recovery part (i.e. Neck, Arm, Abdomen, Back, Waist, Thigh, Calf, or Foot), and then press and hold **[+]** button for three (3) seconds to enter the user select interface.
 - d. Press the **[+]** or **[-]** button to select the desired user number (i.e. 1-10), and then press **▲** button to enter the activity interface.
 - e. If changes to the settings are desired, then press and hold the **▲** button for two (2) seconds to re-enter automatic mode. Otherwise, press the **▼** button to start your Foam RollerConnect™ massage experience.
 - f. Press the **▼** button to pause and restart the Foam RollerConnect™ massage.
 - g. Press and hold the **▼** button for three (3) seconds to turn off the Foam RollerConnect™.
4. **Manual Mode**
 - a. Press the **▼** to enter manual mode, and then wait one (1) second.
 - b. Press the **[+]** or **[-]** button to select the desired recovery intensity level, and then press **▲** to enter the message parts interface.
 - c. Press the **[+]** or **[-]** button to select the desired recovery part (i.e. Neck, Arm, Abdomen, Back, Waist, Thigh, Calf, or Foot), and then press **▲** to enter the massage time setting interface.
 - d. Press the **[+]** or **[-]** button to select the desired massage time length, between one (1) minute and one (1) hour, and then press **[+]** or **[-]** button to enter the user select interface.
 - e. Press the **[+]** or **[-]** button to select the desired user number, 1-10, and then press **▲** to enter the standby interface.
 - f. If changes to the settings are desired, then press and hold the **[+]** button for two (2) seconds to re-enter automatic mode. Otherwise, press the **▼** button to start your Foam RollerConnect™ massage experience.
 - g. Press the **▼** button to pause and restart the Foam RollerConnect™ massage.
 - h. Press and hold the **▼** button for three (3) seconds to turn off the Foam RollerConnect™.

Safety Warnings

The Foam RollerConnect™ can roll and tumble, so care should be taken when storing and using this product, to avoid any falling hazards. Before starting your recovery exercise, ensure your environment is free of anything that may interfere with your movements.

Consult your physician before starting a workout plan. If you experience faint-ness, pain, or shortness of breath, stop exercising immediately and consult a physician.

The Foam RollerConnect™ is not a toy. Do not allow children or pets to play with or around the device. Supervise and provide instruction to anyone under the age of 18 using the device.

Do not drop the Foam RollerConnect™ or use excessive force when using the Foam RollerConnect™.

The Foam RollerConnect™ can be used both indoors and outdoors, under the proper conditions. Do not use this product outside in temperatures that are hot or cold enough to damage the electronics. This product is not waterproof. Avoid using it near water, or in high humidity areas such as a sauna or steam room. Do not store our products outside.

Prior to cleaning, unplug the Foam RollerConnect™. To clean the Foam RollerConnect™, use a dry or slightly damp cloth. Avoid using detergents. Avoid water coming in contact with the product, as it contains sensitive electronics.

30-Day Returns Policy

If you are not satisfied with your JAXJOX[®] Foam RollerConnect™ (hereafter referred to as the "Product") for any reason, you must contact JAXJOX by email at support@jaxjox.com, within 30 days of delivery. Returned Product(s) must be in good physical condition (not broken or damaged). All product components originally included with your purchase must be included with your return. Returns found to be broken, damaged, or missing any part(s) may be subjected to additional fees. Shipping and handling charges, gift wrap fees, and taxes paid (such as state, customs, or VAT) are not refundable. You are responsible for all shipping charges and you assume the risk of loss or damage to the returned Product(s) while in transit back to JAXJOX[®].

Limited Warranty

JAXJOX[®] warrants to the original purchaser that your Foam RollerConnect™ (hereafter referred to as the "Product") shall be free from defects in materials and workmanship under normal use for a period of one (1) year from the date of delivery.

If such a defect arises and a request is received by JAXJOX[®] within the applicable Warranty Period, JAXJOX[®] will, at its option and to the extent permitted by law, either (1) repair the Product at no charge, using new or refurbished replacement parts or (2) replace the Product with a new or refurbished Product. In the event of such a defect, to the extent permitted by law, these are your sole and exclusive remedies. Shipping and handling charges may apply except where prohibited by applicable law. This Limited Product Warranty is valid only in the jurisdictions where the Products are sold by JAXJOX[®] itself or through its authorized reseller or agent and is valid to the extent permitted by the applicable laws of such jurisdictions. Any replacement Product will be warranted for the remainder of the original warranty period or thirty days, whichever is longer, or for any additional period of time that may be required by applicable law.

Liability Statement

The products are subject to change due to the manufacturer's ongoing research and development plans without prior notice.

Our Company makes no representations or warranties as to this user manual or the product we described.

Our Company shall not be liable for any direct or indirect, accidental or special damages, losses or expenses arising out of or in connection with this user manual or the product we described.

How to Obtain Warranty Service

To be eligible for service under this Limited Warranty you must contact JAXJOX[®] at support@jaxjox.com. JAXJOX[®] will require you to provide proof of purchase details and/or comply with other requirements before receiving warranty service. Claims must be made within the specified warranty period.

Questions or Concerns

JAXJOX[®] stands behind the quality of our product. We hope that our beautifully designed, interconnected fitness products and accessories meet your needs and get you where you want to be. If you need assistance or are experiencing issues with your product, please contact us at support@jaxjox.com for help and answers.

User Manual Published 2021 - The content of this manual is subject to change due to the manufacturer's ongoing research and development plans, without prior notice. For the most updated version, please visit our Support Page at www.jaxjox.com.

Notices

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

WARNING: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help. This device meets the FCC requirements for RF exposure in public or uncontrolled environments.

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